

# *Fremont Hills*

## Country Club

### *Aquatics*

#### Masters Swim Team Registration Form

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

Member # \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

OK to include on distribution list?

Emergency Contact/Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

#### **Please mark your preferred practice sessions**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am – 7am	6am – 7am	6am – 7am	6am – 7am	6am – 7am	9am – 10:30am	8am – 9am
9am – 10:15am	9am – 10:15am	9am – 10:15am		9am – 10:15am		
12pm – 1:15pm	12pm – 1:15pm	12pm – 1:15pm	12pm – 1:15pm	12pm – 1:15pm		

Cost per Month: \$80 non-members

Drop-in Fee: \$10 non-members

#### **Current Status**

Currently swimming? \_\_\_\_\_

How many days/week? \_\_\_\_\_

Yardage? \_\_\_\_\_

Time in water? \_\_\_\_\_

Current level of swimming ability: \_\_\_\_\_

What send off can you do 10 x 100 Yards Freestyle on? \_\_\_\_\_

What strokes do you like to do? \_\_\_\_\_

What strokes can you do? \_\_\_\_\_

Would you like to learn how to swim the strokes you cannot? \_\_\_\_\_

Are you registered with USA Masters Swimming? \_\_\_\_\_

Member Number: \_\_\_\_\_

Important Medical information (allergies, medications, physical conditions, etc.): \_\_\_\_\_

My signature on this agreement indicates my desire to participate in the Masters Swim Program at Fremont Hills Country Club. I assume all risks and hazards incidental to participation and release Fremont Hills Country Club, its members, Officers, Directors, Agents and Employees from any liability.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Non-members MUST check in at the Aquatics Office at the beginning of each month and pay by check or cash only. Failure to do so will result in the inability to participate until fees are paid. Use of the pool and other aquatics facilities are limited to the swimmer enrolled in the program only and include only the scheduled practice time.

For questions contact the Aquatics Office at 650.948.8261 x212 or [aquatics@fremonthills.com](mailto:aquatics@fremonthills.com).