



2018 CAMP FREMONT LUNCH MENU

Weeks 1, 4, & 7

Monday

Hot Dog Station (Miller's all beef)
Corn Cobbette, Condiments
Fresh Fruit
Apple Juice/Water

Tuesday

Turkey Taco Station
Salsa & Condiments, Beans & Rice
Fresh Fruit
Apple Juice/Water

Wednesday

Penne Pasta "Mac & Beef"
Steamed Veggies
Fresh Fruit
Apple Juice/Water

Thursday

B-B-Q Chicken Tenders
Mashed Potatoes, Steamed Veggies
Fresh Fruit
Apple Juice/Water

Friday

Barracuda Cheese Pizza
Celery Carrot Sticks w/ Ranch Dressing
Fresh Fruit
Apple Juice/Water

Weeks 2, 5, & 8

Monday

Burger Station (Certified Angus)
Garden Salad, Condiments
Fresh Fruit
Apple Juice/Water

Tuesday

Cheese Enchilada
Beans & Rice, Condiments
Fresh Fruit
Apple Juice/Water

Wednesday

Penne Pasta "Mac & Beef"
Steamed Veggies
Fresh Fruit
Apple Juice/Water

Thursday

Oven "Fried" Chicken
Mashed Potatoes, Corn Cobbette
Fresh Fruit
Apple Juice/Water

Friday

Barracuda Cheese Pizza
Celery Carrot Sticks w/ Ranch Dressing
Fresh Fruit
Apple Juice/Water

Weeks 3 & 6

Monday

Garden Veggie Burger
9 Grain Bun w/ 1000 Island Dressing
Corn Cobbette, Fresh Fruit
Apple Juice/Water

Tuesday

Cheese Quesadilla
Salsa & Condiments, Beans & Rice
Fresh Fruit
Apple Juice/Water

Wednesday

Penne Pasta "Mac & Beef"
Steamed Veggies
Fresh Fruit
Apple Juice/Water

Thursday

Chicken Teriyaki Bowl
Steamed Rice and Broccoli
Fresh Fruit
Apple Juice/Water

Friday

Barracuda Cheese Pizza
Celery Carrot Sticks w/ Ranch Dressing
Fresh Fruit
Apple Juice/Water

***Vegetarian alternatives available.**

***Feel free to provide your camper with their own box lunch on any dates that an alternative option is preferred.**